



Mark Your Calendars for Upcoming Events!

Monday, November 2nd - 5:45 - 7:00 p.m. - Goddess-wRap. Please join us for an evening of fellowship and wisdom.

Thurs., Nov. 12 - Fri. Nov. 13 - Indiana School Counselor Association's Conference. 135 S. Mitthoeffer Road, Indianapolis, IN 46229. For more information contact: 317.713.1531 or call our office: 800.678.3698

Beverley Danusis on Facebook, Twitter and LinkedIn!

Name: Beverley Danusis
Email: bev@aboutwisdom.com
Websites: http://www.aboutwisdom.com
http://www.wisdomdolls.com
http://www.marymagdalenedoll.com

www.twitter.com/WisdomGoddess

.com/in/wisdomgoddessbev

**What They Say About
Wisdom Goddess Bev:**

Referring to "Ponder This - Coming Apart"

"This speaks to more than the recession - it speaks to changes in life, it spoke to me regarding my break up and my life changing direction. "

**Much love,
Mary Beth**

P.S.

If you enjoyed "Ponder This," please pass it on and invite your family, friends and colleagues to sign up...after all, these mailings are free!

Simply click below to the "Forward email," and empower someone you value today.

Thank you.

Contact Info:

AboutWisdom.com
825 S. Barr Street, Suite 300
Fort Wayne, IN 46802
1.800.678.3698 260.423.3655

info@aboutwisdom.com
www.aboutwisdom.com
www.wisdomdolls.com (formerly SophiaDolls)
www.marymagdalenedoll.com

"Bringing Wisdom into the World through the Hearts of Women & Girls."

DONATE THE GIFT OF A BOOK!

Donating is empowering. So why not donate our book: "Sophia and the Seven Goddesses: A Journey of Self-Acceptance" for the Indiana School Counselors Association Conference next week so we may have the opportunity to reach more young girls within the school system. Read below "Ponder This" to find out more!

Ponder This - Get the Feeling of Empowerment

To achieve our potential we must learn that the key element in life is to "feel" our way through our personal success. Our journey to empowered living is more about "feeling" than thinking; not to minimize thinking, au contraire.

When we begin to "feel out" people, things, and our state of affairs, we will have a knowing for the proper action or direction to take. Our "feelings" are an intelligence that communicates to us 24/7. Sadly to say, most of us simply ignore these emotions or "feelings" since they do not originate from our minds.

We need to consider whether people, things, and our state of affairs are in harmony with our intentions and soul purpose. We can do this by using our emotional intelligence as a barometer and say to ourselves, "How does this or that feel?" And wait for the "feeling" message. The answer comes almost instantly. NO waiting around. We feel the answer and then our "feelings" turn into a knowing. We must trust our "feeling" intelligence and know it always guides us correctly, because each one of us is born with natural wisdom and this wisdom is accessed through our "feeling body". Working with our hearts first and then our minds, in a cohesive manner, is called using our innate wisdom.

When we pause to "feel out" our life's experiences the right answers will flow forth to us. We must learn to trust this "feeling" process, as Sophie and Tena did in our book, "Sophia and the Seven Goddesses: a Journey of Self-Acceptance." Throughout this book, these two young girls, Sophie and Tena, begin to understand that everyone has access to natural wisdom. I believe every person deserves to know the essential message that "feeling" is always a more refined language than thinking.

This week put a little more "feeling" or heart into your day and let me know how much smoother your life moves along. I wait to hear from you.

Ponder That!

Wisdom Goddess Bev

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DONATE THE GIFT OF A BOOK!

On November 12 and 13, 2009, over 600 members of the Indiana School Counselors Association will be meeting in Indianapolis. We have an opportunity to gift each counselor a copy of Beverley's Award-Winning Book (Dove Foundation Seal and Creative Child Magazine) so these counselors may use this book as a means of inspiring self-acceptance in children within their local communities.

The book, "*Sophia and the Seven Goddesses: a Journey of Self Acceptance,*" retails for \$18.95, however we are wholesaling the book at \$12 each and personally delivering them to the conference. WE NEED YOUR HELP. Would you be willing to donate one or more books to this cause? Each person making a donation will have the opportunity to include their business cards and/or brochures in their donated books and be added to a book stuffer with the name of each donor listed on the sheet. Help us help teach self-esteem to our children.

To be a donor, simply email: info@aboutwisdom.com or call **800.678.3698** with the number of books you are wanting to gift and we will make arrangements to have you pay by check or credit card. Please make checks out to AboutWisdom and specify how many books you are gifting. Mail them to:

AboutWisdom.com
825 S. Barr Street, Suite 300
Fort Wayne, IN 46802.

Time is very short and the need is large so please make your decision by **Thursday, November 5th**. Thank you for reading this memo and for considering being a giver to such a tremendous cause.

About Wisdom,

Beverley Danusis
